Bachelor of Science in Kinesiology

Required: 120 hours, at least 36 hours at or above the 300 level.

**MAJOR REQUIREMENTS (C or higher)**

Courses in red cannot be taken unless admitted to the major
(see KIN admission requirements)

KIN 220 Lifetime Wellness
KIN 250 Introduction to Kinesiology
KIN 265 Conditioning and Weight training
*120/130 removed; if student still needs one they should take 265.
KIN 330 Critical Analyses for a Physically Active Society
**KIN 353 Injury and Illness in Physical Activity**
KIN 370 Assessment and Evaluation in Kinesiology
KIN 375 Physiology of Sport and Physical Activity
*Have to make a C in A & P
KIN 376 Biomechanics of Sport and Physical Activity
KIN 379 Instructional Methods of Physical Activity
KIN 386 Motor Development and Learning
KIN 388 Psychology of Physical Activity

**Students must complete 4 activity courses in addition to 265.**

**KIN ADMISSION REQUIREMENTS**

To move from PKIN to KINE students must complete:

- Application
- GPA 2.5+
- KIN 250 (C or higher)
- BIO 111 (C- or higher)
- KIN 291/BIO 271 (C or higher)

**RELATED AREA REQUIREMENTS**

BIO 111 (C- or higher)
KIN 291/BIO 271 (C or higher)
KIN 292/BIO 277 (C or higher)

Student must have at least 6 hours of A & P if combined courses are taken.

- PSY 121
- CHE elective: CHE 103/110; 104/110; 111/112; 114/115
- NTR elective: NTR 213–NTR 499
- CST elective: CST 105–CST 499

**General and KIN ELECTIVES**

Students must have at least 18 hours of electives.
6 hours must come from KIN (KIN 100–399) that are not satisfying other requirements.
3 hours must come from KIN (400–499) that are not satisfying other requirements.

Students may choose the other 9ch from the list below:

- BIO 112, 280–499
- HHS 110–499
- PHY 205–499
- SWK 215–499
- CHE 205–499
- HDF 211–499
- PSY 230–499
- SOC 101–499
- CTR 101–499
- NTR 213–499
- HEA 113–499