

Bachelor of Science in Kinesiology

Required: 120 hours, at least 36 hours at or above the 300 level.

MAJOR REQUIREMENTS (C or higher)

*Courses in red cannot be taken unless admitted to the major
(see KIN admission requirements)*

KIN 220 Lifetime Wellness

KIN 250 Introduction to Kinesiology

KIN 265 Conditioning and Weight training

*120/130 removed; if student still needs one they should take 265.

KIN 330 Critical Analyses for a Physically Active Society

KIN 353 Injury and Illness in Physical Activity

KIN 370 Assessment and Evaluation in Kinesiology

KIN 375 Physiology of Sport and Physical Activity

*Have to make a C in A & P

KIN 376 Biomechanics of Sport and Physical Activity

KIN 379 Instructional Methods of Physical Activity

KIN 386 Motor Development and Learning

KIN 388 Psychology of Physical Activity

**Students must complete 4 activity courses in addition to 265.

KIN ADMISSION REQUIREMENTS

To move from PKIN to KINE students must complete:

Application

GPA 2.5+

KIN 250 (C or higher)

BIO 111 (C- or higher)

KIN 291/BIO 271 (C or higher)

RELATED AREA REQUIREMENTS

BIO 111 (C- or higher)

KIN 291/BIO 271 (C or higher)

KIN 292/BIO 277 (C or higher)

Student must have at least 6 hours of A & P if combined courses are taken.

PSY 121

CHE elective: CHE 103/110; 104/110;
111/112; 114/115

NTR elective: NTR 213-NTR 499

CST elective: CST 105- CST 499

General and KIN ELECTIVES

Students must have at least 18 hours of electives.

6 hours must come from KIN (KIN 100-399) that are not satisfying other requirements.

3 hours must come from KIN (400-499) that are not satisfying other requirements.

Students may choose the other 9ch from the list below:

BIO 112, 280-499

HHS 110-499

PHY 205-499

SWK 215-499

CHE 205-499

HDF 211-499

PSY 230-499

SOC 101-499

CTR 101-499

NTR 213-499

HEA 113-499