Does a genetic risk for Alzheimer’s disease change the benefits you get from exercise? Join researchers in an NIH-funded study to find out.

You may qualify to participate if you:
- are generally healthy
- are between 40 - 65 years old
- have a family history of Alzheimer’s
- are not regularly physically active

CALL 336.334.4765  
EMAIL PAAD2@UNCG.EDU  
VISIT PAAD2.WP.UNCG.EDU

INCENTIVES
- 1-year group exercise program at a YMCA or a short-term YMCA membership
- $30/day for testing sessions (up to 5 days over a year)