

Research Opportunity

Recruiting:

Healthy Males
and Females age
18-30



THE UNIVERSITY *of* NORTH CAROLINA
GREENSBORO

Exercise and
Neurocognitive Health

Lab: Room 353

Purpose: We are interested in how different types of exercise influence thinking ability.

You will complete two types of high intensity interval workouts followed by cognitive testing while brain activity is recorded (EEG).

Testing will last ~2 hours across 4 separate testing days.

If your professor offers course credit for research, we will provide you with documentation.

Contact Caroline Meadows:
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