

Department of Kinesiology
Physical Education & Health Teacher Education
Suggested Course Sequence 2017-2018

Required: 128 hours;
at least 36 hours at or above the 300 level.

GE Marker requirements:
 2 courses with SI, one in the major
 2 courses with WI, one in the major
 3 courses with GN/GL
 1 course with GN

1 st Year				
Fall		Spring		
BIO 111+L (GNS) (Minimum C-)	4	KIN 220 (GNS)	3	
CST 105 (KIN SI, GRD)	3	DCE 200 (GFA)	3	
ENG 101 or FMS 115 or RCO 101 (GRD)	3	KIN 265+L	3	
KIN 250	3	KIN 291+L (Minimum C; pre-BIO 111 [C-])	4	
KIN Activity Elective	1	NTR 213 (GNS)	3	
PSY 121 (GSB)	3	KIN 214 (spring only)	1	
Total credit hours:		17		
Pre-KIN (PEHTE) Major; declare Healthful Living as Second Academic Concentration by end of semester				
2 nd Year				
GEC Course (GLT)	3	GEC Course (GHP)	3	
ELC 375 (GPR)	3	GEC Course (GLT or GFA or GPR)	3	
KIN 292+L (Minimum C; pre-BIO 111 [C-])	4	HEA 260	3	
KIN 379 (pre-KIN 220 & KIN 265)	3	KIN 353 (pre-KIN 291+L)	3	
HEA 307	3	KIN 340	3	
KIN Activity Elective	1	KIN 231 (spring only)	2	
Total credit hours:		17		
Apply to be admitted to KIN (PEHTE) Program at the end of the semester with completion of requirements. See back of sheet for more details.		Complete Praxis Core by end of semester. Send report of scores to PEHTE Coordinator.		
3 rd Year				
GEC Course (GMT)	3	HEA 331 (spring only)	3	
KIN 330 (GSB)	3	KIN 354 (mandatory – acceptance to CEP)	3	
KIN 375+L (pre-KIN 292 (C); WI)	4	KIN 370	3	
CTR 314	3	KIN 376 (pre-KIN 291 (C))	3	
KIN 386	4	KIN 307	3	
Total credit hours:		15		
Apply to CEP (3.0, Praxis Core) by end of the semester. Maintain 3.0 or above throughout remainder of program.				
4 th Year				
KIN 388 (pre-PSY 121)	4	KIN 461 (WI/SI)	12	
KIN 450 (co-KIN 454, KIN 460)	3	ALL DEGREE REQUIREMENTS MUST BE MET BEFORE STUDENTS CAN REGISTER FOR KIN 461.		
KIN 454 (co-KIN 450, KIN 460)	3			
KIN 460 (co-KIN 450, KIN 454)	3			
TED 445 (fall only)	3			
Total credit hours:				
		Total credit hours: 12		
		TOTAL PROGRAM CREDIT HOURS: 128		

Bachelor of Science in Kinesiology
Concentration: Physical Education Health Teacher Education (PEHTE)

KIN MAJOR REQUIREMENTS (C or higher)

Underlined courses cannot be taken unless admitted to the KIN major (see PEHTE admission requirements).

KIN 220	Lifetime Wellness
KIN 250	Introduction to Kinesiology
KIN 265+L	Conditioning and Weight Training
KIN 330	Critical Analyses for a Physically Active Society (<i>pre-Jr. Standing</i>)
<u>KIN 353</u>	<u>Injury and Illness in Physical Activity (<i>pre-KIN 291</i>)</u>
KIN 370	Assessment and Evaluation in Kinesiology (<i>pre-Soph. Standing</i>)
<u>KIN 375+L</u>	<u>Physiology of Sport and Physical Activity (<i>pre-KIN 292</i>) (WI)</u>
<u>KIN 376</u>	<u>Biomechanics of Sport and Physical Activity (<i>pre-KIN 291</i>)</u>
KIN 379	Instructional Methods of Physical Activity (<i>pre-KIN 220, KIN 265</i>)
<u>KIN 386</u>	<u>Motor Development and Learning</u>
KIN 388	Psychology of Physical Activity (<i>pre-PSY 121</i>)

PEHTE CONCENTRATION REQUIREMENTS

PEHTE students are required to take the following courses:

BIO 111+L	Principles of Biology I
CST 105	Introduction to Communication Studies
CTR 314	Recreation Services with Underrepresented Groups
DCE 200	Dance Appreciation
KIN 291+L	Clinical Human Anatomy (<i>pre-BIO 111+L (C-)</i>)
KIN 292+L	Clinical Human Physiology (<i>pre-BIO 111+L (C-)</i>)
PSY 121	General Psychology
KIN 307	Observation & Analysis of Fundamental Movement (<i>KIN Elective</i>)
KIN 340	Healthful Living Pedagogy for the Elementary School Teaching
KIN 354	Curr. & Tch: Children's Physical Education (<i>pre-admission to CEP</i>)
KIN 379	Instructional Methods of Physical Activity (<i>pre-KIN 220, KIN 265</i>)
KIN 454	Curr. & Tch: Secondary Sch. Physical Education (<i>pre-KIN 354; co-KIN 450, KIN 460</i>)
KIN 460	Teaching Physical Education Internship (<i>pre-KIN 354; co-KIN 450, KIN 454</i>)
KIN 461	Student Teaching and Seminar in Physical Education (<i>pre-all degree requirements met; WI/SI</i>)
TED 445	TED 445 Human Diversity, Teaching, and Learning

SECOND ACADEMIC CONCENTRATION REQUIREMENTS

PEHTE students are required to take the following courses:

HEA 260	Human Sexuality
HEA 307	Global Health
HEA 331	Alcohol, Tobacco, and Other Drugs
KIN 220	Lifetime Wellness
KIN 450	Instructional Methods of School Health Education
NTR 213	Introductory Nutrition

PEHTE ACTIVITY REQUIREMENTS

PEHTE students are required to take the following activity courses:

KIN 214	Racquet Sports
KIN 231	Recreational Sports
KIN 265+L	Conditioning and Wt. Training

Choose two (2) from the following list:

Aquatics
Bowling
Soccer
Tae Kwon Do
Ultimate Frisbee
Volleyball

PEHTE ADMISSION REQUIREMENTS

To move from Pre-KIN to KIN (PEHTE), students must complete the following courses:

BIO 111 + LAB (C- or higher)

KIN 250 (C or higher)

KIN 291 + LAB (C or higher)

and

GPA 2.5 or above

and

Approved documentation of working with children/adolescents in a physical activity setting for a total of 20 hours.

[**Link to Major Application**](#)

SPECIFIC COURSE REQUIREMENTS FOR GENERAL EDUCATION CORE

DCE 200 (GFA)

ELC 375 (GPR)

BIO 111+L & KIN 220 (GNS)

PSY 121 & KIN 330 (GSB)

ENG 101 or FMS 115 or RCO 101

AND CST 105 (GRD)