

# Sport Coaching Minor

## Department of Kinesiology

The **Sport Coaching minor in Kinesiology** reflects the eight domains of sport coaching competence recognized by the National Association for Sport and Physical Education *National Standards for Athletic Coaches, 2012*.

The minor includes a coaching practicum.

Students interested in coaching at any level, with any population will find this minor advantageous.

Department of Kinesiology  
 Coaching Minor Plan of Study  
 2015-2016

Course Title	Credit Hours
___ KIN 353: Injury and Illness in Physical Activity	3
___ KIN 220: Physical Fitness for Life	3
___ KIN 388: Psychology of Physical Activity	4
___ NTR 213: Introductory Nutrition	3
___ KIN 286: Principles of Coaching	3
___ KIN 287: Coaching Youth and Community Sport	3
___ KIN 477: Coaching Practicum in a Selected Sport	3

Total: 22 credits

