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EDUCATION:

1990	B.Sc.	University of Waterloo	Honors Biology
1993	MS	Ball State University	Exercise Physiology
1997	PhD	University of Virginia	Exercise Physiology

EMPLOYMENT HISTORY:

Aug 2007- Present	University of North Carolina at Greensboro, Greensboro, NC Position: <u>Associate Professor</u>
Jan 2001- Jul 2007	University of North Carolina at Greensboro, Greensboro, NC Position: <u>Assistant Professor</u>
Aug 2000- Jan 2001	University of North Carolina at Greensboro, Greensboro, NC Position: <u>Visiting Professor</u>
Jan 1998- Mar 1998	Mosaic Technologies, Charlottesville, VA Position: <u>Consultant</u>
May 1996- July 2000	GCRC, University of Virginia, Charlottesville, VA Position: <u>Research Assistant, General Faculty, Department of Medicine</u>

HONORS:

1985-1990	Dean's Honor List; University of Waterloo
1991	Entrance Scholarship; University of Toronto (Declined, Attended Ball State University)
1991	National Science and Engineering Research Council Award; Government of Canada (Declined, Attended Ball State University)
1993	Certificate of Academic Excellence; Ball State University
1993	National Science and Engineering Research Council Award; Government of Canada (Declined, Attended University of Virginia)
1997	Travel Award; Endocrine Society
2004	UNCG Research Excellence Award (Assistant Professor Level)
2016	Fellow, American College of Sports Medicine

MEMBERSHIPS:

1991-1993	Midwest Chapter; American College of Sports Medicine
1994-Present	Southeast Chapter; American College of Sports Medicine
1994-Present	American College of Sports Medicine (National)
1996-1997	Women Faculty and Professional Association
1998-2008	Endocrine Society
2012-Present	PRIM & R [Research Ethics]

CERTIFICATIONS:

1991-present CPR
 2001-present Phlebotomy

RESEARCH

ARTICLES IN REFEREED JOURNALS:*Student (Primary mentor) **Student (Committee Member)

1. **Wideman L**, Oberlin DJ, Sönmez S, Labban J, Lemke, MK and Apostolopoulos Y. 2016. Obesity indices are predictive of elevated C-reactive protein in long-haul truck drivers. *American Journal of Industrial Medicine* 59: 665-576. PubMed PMID: 27400443
2. *Berry NT, **Wideman L**, Shields EW, and Battaglini CL. 2016. The effects of a duathlon simulation on ventilator threshold and running economy. *Journal of Sports Science and Medicine* 15: 247-253. PubMed PMID: 27274661
3. **Wideman, L.**, Calkins SD, Janssen JA, Lovelady CA, Dollar JM, Keane SP, Perrin EM and Shanahan L. 2016. Rationale, design and methods for the RIGHT Track Health Study; pathways from childhood self-regulation to cardiovascular risk in adolescence. *BMC Public Health* 16 (1): 459. PubMed PMID: 27246836
4. *Oberlin DJ, Smith J, Ritsche K and **Wideman L**. 2015. High intensity interval training in healthy males does not improve markers of insulin sensitivity. *Journal of Sports Science*. 3(2): 49-56.
5. **Chase PJ, Davis PG, **Wideman L**, Starnes JW, Schulz MR and Bensimhon DR. 2015. Comparison of estimations versus measured oxygen consumption at rest in patients with heart failure and reduced ejection fraction who underwent right-sided heart catheterization. *American Journal of Cardiology* 116(11): 1724-1730. PubMed PMID: 26443561
6. Etnier JL, Labban JD, Karper WB, **Wideman L**, Piepmeier AT, Shih CH, Castellano M, Williams LM, Park SY, Henrich VC, Dudley WN, and Rulison KL. 2015. Innovative Research Design Exploring the Effects of Physical Activity and Genetics on Cognitive Performance in Community-Based Older Adults. *Journal of Aging Physical Activity* 23(4): 559-568. PubMed PMID: 25594264.
7. *Ritsche, K., Smith, J., Mellick, P. and **Wideman, L**. 2014. Acute exercise-induced growth hormone is attenuated in response to short-term, high intensity exercise training. *Journal of Exercise Physiology (online)* 17(6): 1-12.
8. *Ritsche, K., Patrie, J., Weltman, A. and **Wideman, L**. 2014. The relationship between exercise-induced and non-stimulated 24-hour growth hormone release. *Journal of Exercise Physiology (online)* 17(5): 43-54.
9. *Ritsche, K., Nindl, B.C., and **Wideman, L**. 2014. Exercise-induced growth hormone during acute sleep deprivation. *Physiological Reports* 2(9): e12166. PMID: 25281616
10. *Eifert, E., **Wideman, L.**, Oberlin, D.J., and Labban, J. 2014. The relationship between physical activity and perceived health in older women: Findings from the Woman's College Alumni Study. *Journal of Women & Aging* 26(4): 305-318. PMID: 25133943
11. Savoca, M., Oakley, M., Austin, A., Martinek, T., **Wideman, L.** and Carter, K. 2013. Heart of Hypertension Project: Development of a community-based prevention program for young African-American men. *Progress in Community Health Partnerships: Research, Education and Action* 7(2): 163-169. PMID: 23793247
12. **Wideman, L.**, Montgomery, M., Levine, B., Beynonn, B. and Shultz, S. 2013. Accuracy of calendar based methods for assigning menstrual cycle phase in women. *Journal of Sports Health* 2(5): 143-149. PMID: 24427382
13. **Montgomery, M.M., Shultz, S.J., Schmitz, R.J., **Wideman, L.** and Henson, R. 2012. Influence of lean body mass and strength on landing energetics. *Medicine & Science in Sport & Exercise* 44(12): 2376-2383. PMID: 22811034
14. Bell, R.D., Shultz, S.J., **Wideman, L.** and Henrich, V. 2012. Genotypes previously associated with ACL injury and other soft tissue pathologies are also associated with joint laxity. *Journal of Sports Health* 4(4): 312-318. PMID: 23016102.
15. **Colleran, H., **Wideman, L.**, and Lovelady, C. 2012. Effects of energy restriction and exercise on bone mineral density during lactation. *Medicine & Science in Sport & Exercise* 44(8): 1570-1579. PMID: 22460469.

16. Shultz, S.J., **Wideman, L.**, Montgomery, M., Beasley, K. and Nindl, B. 2012. Changes in serum collagen markers, IGF-I and knee joint laxity across the menstrual cycle. *Journal of Orthopaedic Research* 30(9): 1405-1412. PMID: 22389002
17. **Cone, J.R., Berry, N.T., Goldfarb, A., Henson, R., Schmitz, R., **Wideman, L.** and Shultz, S.J. 2012. Effects of an individualized soccer match simulation on vertical stiffness and impedance. *Journal of Strength & Conditioning Research* 26(8): 2027-2036. PMID: 21997450
18. **Thomas, D.T., **Wideman, L.** & Lovelady, C. 2011. Effect of a dairy supplement and resistance training on lean mass and IGF-I in women. *International Journal of Sport Nutrition & Exercise* 21(3): 181-188. PMID: 21719898
19. Shultz, S., **Wideman, L.**, Montgomery, M., and Levine, B. 2011. Some sex hormone profiles are consistent over time in normal menstruating women: implications for sports injury epidemiology. *British Journal of Sports Medicine* 45(9): 735-742. PMID:19854759
20. Janelins, M., Davis, P.D., **Wideman, L.**, Katula, J., Sprod, L., Peppone, L.J., Palesh, O.G., Heckler, C.E., Williams, J.P., Morrow G.R. & Mustian, K.M. 2011. Effects of Tai Chi Chuan on Insulin and Cytokine Levels in a Randomized Controlled Pilot Study on Breast Cancer Survivors. *Clinical Breast Cancer* 11(3): 161-170. PMID: 21665136
21. **Thomas, D.T., **Wideman, L.** & Lovelady, C. 2010. Effects of calcium and resistance exercise on body composition in overweight premenopausal women. *Journal of the American College of Nutrition* 29(6): 604-611. PMID: 21677124
22. Lovelady, C.A., Bopp, M.J., Colleran, H.L., Mackie, H.K., and **Wideman, L.** 2009. Effect of exercise training on loss of bone mineral density during lactation. *Medicine & Science in Sport & Exercise* 41(10):1902-1907. PMID 19727023
23. **Wideman, L.**, Baker, C.F., Brown, P.K., Consitt, L.A., Ambrosius, W.T., and Schechter, M.S. 2009. Substrate oxidation is not altered during exercise in cystic fibrosis. *Medicine & Science in Sport & Exercise* 41(2):270-278. PMID: 19127200
24. *Consitt, L.A., **Wideman, L.**, Hickey, M.S, and Morrison, R. 2008. Phosphorylation of the JAK2-STAT5 pathway in response to acute aerobic exercise in young, healthy males. *Medicine & Science in Sport & Exercise* 40(6):1031-1938. PMID: 18461004
25. *Consitt, L.A., Bloomer, R. and **Wideman, L.** 2007. The effect of exercise type on immunofunctional and traditional growth hormone. *European Journal of Applied Physiology* 100(3): 321-330. PMID: 17357792
26. **Bloomer, R.J., Davis, P.G., Consitt, L.A. and **Wideman, L.** 2007. Plasma protein carbonyl response to increasing exercise duration in aerobically trained men and women. *International Journal of Sports Medicine* 28(1):21-25. PMID: 17024638
27. **Wideman, L.**, Consitt, L.A., Patrie, J., Swearingin, B., Bloomer, R., Davis, P. and Weltman, A. 2006. The impact of sex and exercise duration on growth hormone secretion. *Journal of Applied Physiology* 101: 1641-1647. PMID: 16946030
28. Baker, C. and **Wideman, L.** 2006. Attitudes toward physical activity in adolescents with Cystic Fibrosis: Gender differences with exercise training. *Journal of Pediatric Nursing* 21(3): 197-210. PMID: 16713510
29. Weltman, A., Weltman, J.Y., Roy, C.P., **Wideman, L.**, Patrie, J., Evans, W.S. and Veldhuis, J.D. 2006. Growth hormone response to graded exercise intensities is attenuated and the gender difference abolished in older adults. *Journal of Applied Physiology* 100: 1623-1629. PMID: 16384836
30. Veldhuis, J.D., Farhy, L., Weltman, A., Kuipers, J., Weltman, J.Y. and **Wideman, L.** 2005. Gender modulates sequential suppression and recovery of pulsatile GH secretion by physiological feedback signals in young adults. *Journal of Clinical Endocrinology & Metabolism* 90(5): 2874-2881. PMID: 15728217
31. **Bloomer, R.J., Goldfarb, A.H., **Wideman, L.**, McKenzie, M.J. and Consitt, L.A. 2005. Effects of acute aerobic and anaerobic exercise on blood markers of oxidative stress. *Journal of Strength and Conditioning Research*, 19(2): 276-285. PMID: 15903362
32. Jones, E.D., Kennedy-Malone, L. and **Wideman, L.** 2004. Early Detection of Type 2 Diabetes Among Older African-Americans. *Geriatric Nursing* 25(1): 24-28. PMID: 14976500
33. Veldhuis, J.D., Patrie, J., **Wideman, L.**, Patterson, M., Weltman, J.Y. and Weltman, A. 2004. Contrasting negative-feedback control of endogenously driven and exercise-stimulated pulsatile growth hormone

- secretion in women and men. *Journal of Clinical Endocrinology & Metabolism* 89(2): 840-846. PMID: 14764803
34. Weltman, A., Depres, J.P., Clasey, J., Weltman, J.Y., **Wideman, L.**, Kanaley, J., Patrie, J., Bergeron, J., Thorner, M.O., Bouchard, C. and Hartman, M.L. 2003. Impact of abdominal visceral fat (VAF), growth hormone (GH), fitness and insulin on lipids and lipoproteins in older adults. *Metabolism* 52(1): 73-80. PMID: 12524665
 35. **Wideman, L.**, Weltman, J., Hartman, M.L., Veldhuis, J.D. and Weltman, A. 2002. Growth hormone (GH) release during acute and chronic aerobic and resistance exercise: Recent Findings. *Sports Medicine* 32 (15): 987-1004. PMID: 12457419
 36. Pritzlaff-Roy, C.J., **Wideman, L.**, Weltman, J.Y., Abbott, R., Gutgesell, M., Hartman, M.L., Veldhuis, J.D. and Weltman, A. 2002. Gender governs the relationship between exercise intensity and growth hormone (GH) release. *Journal of Applied Physiology* 92(5): 2053-2060. PMID: 11960957
 37. Anderson, S.M., **Wideman, L.**, Patrie, J.T., Weltman, A., Bowers, C.Y. and Veldhuis, J.D. 2001. Estradiol supplementation selectively relieves growth hormone (GH)'s autonegative feedback on GH-releasing peptide -2 (GHRP-2)-stimulated GH secretion. *Journal of Clinical Endocrinology & Metabolism* 86: 5904-5911. PMID: 11739462
 38. **Wideman, L.**, Elahi, D. and Hanks, J.B. 2001. Whole organ transplantation and glucose regulation. *World Journal of Surgery* 25: 516-522. PMID: 11344406
 39. **Wideman, L.**, Weltman, J.Y., Patrie, J.T., Bowers, C.Y., Shah, N., Story, S. Weltman, A. and Veldhuis, J.D. 2000. Synergy of L-arginine and growth hormone (GH)-releasing peptide-2 (GHRP-2) stimulation of GH release: Influence of gender. *AJP: Regulatory, Integrative and Comparative Physiology* 279: R1455-R1466. PMID: 11004016
 40. **Wideman, L.**, Weltman, J.Y., Patrie, J.T., Bowers, C.Y., Shah, N., Story, S. Veldhuis, J.D. and Weltman, A. 2000. Synergy of L-arginine and growth hormone (GH)-releasing peptide (GHRP-2) stimulation of GH in men and women: Modulation by exercise. *AJP: Regulatory, Integrative and Comparative Physiology* 279: R1467-R1477. PMID: 11004017
 41. Cloquet, A., Egan, J.M., Stoffers, D.A., Muller, D.C., **Wideman, L.**, Chin, G.A., Clarke, W.L., Hanks, J.B., Habener, J.F. and Elahi, D. 2000. Impaired insulin secretion and increased insulin sensitivity in familial maturity-onset diabetes of the young 4 (insulin promoter factor 1 gene). *Diabetes* 49: 1856-1864. PMID: 11004016
 42. Weltman, A., Pritzlaff, C.J., **Wideman, L.**, Weltman, J.Y., Blumer, J.L., Abbott, R.D., Hartman, M.L. and Veldhuis, J.D. 2000. Exercise-dependent growth hormone (GH) release is linked to markers of heightened central adrenergic outflow. *Journal of Applied Physiology* 89(2): 629-635. PMID: 10926647
 43. Pritzlaff, C.J., **Wideman, L.**, Blumer, J.L., Jensen, M., Abbott, R.D., Gaesser, G.A., Veldhuis, J.D. and Weltman, A. 2000. Catecholamine release, growth hormone (GH) secretion and energy expenditure during exercise vs. recovery in men. *Journal of Applied Physiology* 89(3): 937-946. PMID: 10956336
 44. Weltman, A., Pritzlaff, C.J., **Wideman, L.**, Considine, R.V., Fryburg, D.A., Gutgesell, M.E., Hartman, M.L. and Veldhuis, J.D. 2000. Intensity of acute exercise does not affect serum leptin concentrations in young men. *Medicine & Science in Sport & Exercise* 32(9): 1556-1561. PMID: 10994904
 45. **Wideman, L.**, Weltman, J.Y., Shah, N., Story, S., Veldhuis, J.D. and Weltman, A. 1999. The effects of gender on exercise-induced growth hormone (GH) release. *Journal of Applied Physiology* 87(3): 1154-1162. PMID: 10484590
 46. Pritzlaff, C.J., **Wideman, L.**, Weltman, J.Y., Abbott, R.D., Gutgesell, M.E., Hartman, M.L., Veldhuis, J.D. and Weltman, A. 1999. Impact of acute exercise intensity on pulsatile growth hormone (GH) release in men. *Journal of Applied Physiology* 87 (2): 498-504. PMID: 10444604
 47. Clasey, J.L., Kanaley, J.A., **Wideman, L.**, Heymsfield, S.B., Teates, C.D., Gutgesell, M.E., Thorner, M.O., Hartman, M.L. and Weltman, A. 1999. Validity of body composition assessment in younger and older males and females. *Journal of Applied Physiology* 86(5): 1728-1738. PMID: 10233141
 48. Clasey, J.L., Bouchard, C., **Wideman, L.**, Kanaley, J., Teates, C.D., Thorner, M.O., Hartman, M.L., and Weltman, A. 1997. The influence of anatomical boundaries, age and sex on the assessment of abdominal visceral fat. *Obesity Research* 5: 395-401. PMID: 9385612

49. Clasey, J.L., Hartman, M.L., Kanaley, J., **Wideman, L.**, Teates, D.C., Bouchard, C. and Weltman, A. 1997. Body composition by DEXA in older adults: accuracy and influence of scan mode. *Medicine & Science in Sport & Exercise* 29(4): 560-567. PMID: 9107641
50. **Wideman, L.**, Kaminsky, L.A., and Whaley, M.G. Postprandial lipemia in abdominally obese and non-obese males. 1996. *Journal Sports Medicine and Physical Fitness* 36: 204-210. PMID: 8979650
51. Stoudemire, N., **Wideman, L.**, Pass, K.A., McGinnes, C.L., Gaesser, G.A., and Weltman, A. 1996. The validity of regulating blood lactate concentration during running by ratings of perceived exertion. *Medicine & Science in Sport & Exercise* 28(4): 490-495. PMID: 8778555
52. **Wideman, L.**, Stoudemire, N., Pass, K.A., McGinnes, C.L., Gaesser, G.A., and Weltman, A. 1996. Assessment of the Aerosport TEEM 100 portable metabolic measurement system. *Medicine & Science in Sport & Exercise* 28(4): 509-515. PMID: 8778558
53. John, T.M., Brown, M.C., **Wideman, L.**, and Brown, G.M. 1994. Melatonin replacement nullifies the effect of light-induced functional pinealectomy on nociceptive rhythm in the rat. *Physiology & Behavior* 55(4): 735-739. PMID: 8190803

INVITED PAPERS:

1. Weltman, A., **Wideman, L.**, Weltman, J.Y. and Veldhuis, J.D. Chapter 10; The growth hormone response to acute and chronic aerobic exercise. Encyclopedia of Sports Medicine. Volume XI. Kraemer, W.J. and Rogol, A.D. (Editors). Blackwell Publishing, Malden MA, pp. 122-133, 2005.
2. Weltman, A., **Wideman, L.**, Weltman, J.Y. and Veldhuis, J.D. Neuroendocrine control of growth hormone (GH) release during acute aerobic exercise. *Journal of Endocrinological Investigation* 26(9):843-850, 2003. PMID: 14964436
3. Weltman, A., **Wideman, L.**, Weltman, J.Y., Hartman, M.L. and Veldhuis, J.D. 2002. Relationship between exercise and growth hormone (GH) neuroendocrine function. *Journal of Anti-aging Medicine* 5:7-17.

BOOK CHAPTERS:

1. **Wideman, L.**, Weltman, J.Y., Shah, N., Story, E.S., Bowers, C.Y., Veldhuis, J.D. and Weltman, A. Gender impact on the GH response to exercise. In J.D. Veldhuis & A. Giustina (Eds.), *Sex Steroid Interactions with Growth Hormone*. New York: Springer, pp. 261-276, 1999.

ABSTRACTS/PRESENTATIONS:

1. Slutsky AB, Janssen JA, Kolacz J, Shanahan L, Calkins SD, Lovelady CA, Keane SP, Dollar JM & **Wideman L.** Childhood inhibitory control may predict adolescent physical activity and eating behaviors. North American Society for the Psychology of Sport and Physical Activity, Montreal, Quebec, Canada, Jun 2016.
2. **Wideman, L.**, Janssen JA, Slutsky AB, Berry NT, Shanahan L, Lovelady CA, Keane SP, & Calkins SD. Heart rate recovery responses to maximal exercise and childhood vagal tone. American College of Sports Medicine, Boston, MA, Jun 2016.
3. Oberlin DJ, Fecych M, Murray C, Vervaecke L, Bocchine A, Christopher P, Morrison R, **Wideman L**, Beverly L, & Starnes J. Endurance training and MCT changes in the ventromedial hypothalamus. American College of Sports Medicine, Boston, MA, Jun 2016.
4. Slutsky AB, Diekfuss JA, Janssen JA, Berry NT, Shih CH, Etnier JL, **Wideman L** & Raisbeck LD. Low-intensity exercise counters cognitive deficits from sleep deprivation. American College of Sports Medicine, Boston, MA, Jun 2016.
5. Berry NT, Cone JR, Ritsche K, & **Wideman L.** Changes in performance, HRV and inflammation following an individualized soccer specific training program. American College of Sports Medicine, Boston, MA, Jun 2016.

6. Janssen JA, Berry NT, Slutsky AB, Shanahan L, Lovelady LA, Calkins SD, Keane SP, & **Wideman L.** Exploring the effects of a maximal exercise test on heart rate variability in young adults. American College of Sports Medicine, Boston, MA, Jun 2016.
7. Diekfuss JA, Janssen JA, Slutsky AB, Berry NT, Etnier JL, **Wideman L** & Raisbeck LD. Sleep deprivation, balance control and attentional focus. American College of Sports Medicine, Boston, MA, Jun 2016.
8. Oberlin DJ, Fecych M, Murray C, Morrison R, **Wideman L**, & Beverly L. MCT expression in the ventromedial hypothalamus is not increased by recurrent hypoglycemia. Experimental Biology, San Diego CA, Apr 2016.
9. Gangel, M., Brown, A., Kolacz, J., Janssen, J., Shanahan, L., Keane, S., & **Wideman, L.** The association between childhood peer preference and adolescent cardiovascular risk. Society for Research in Adolescents, Baltimore, MD, Mar 2016.
10. Grimes, M., Kolacz, J., Linthicum, K., Wright, C., Shanahan, L., Calkins, S., Keane, S. & **Wideman, L.** The role of adolescent sleep quality and duration in links among childhood negative emotionality and adolescent cardiovascular risk. Society for Research in Adolescents, Baltimore, MD, Mar 2016.
11. Kolacz, J., Shanahan, L., Gangel, M., Janssen, J., Calkins, S., Keane, S., Lovelady, C. & **Wideman, L.** The mediating role of health behaviors in the link between childhood emotional regulation and adolescent cardiovascular risk. Society for Research in Adolescents, Baltimore, MD, Mar 2016.
12. Berry, N. T., Cone, J. R., Zhong, F., & **Wideman, L.** Observing changes in fitness, body composition and HRV following an individualized 6-week soccer specific training. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
13. Diekfuss, J. A., Janssen, J. A., Slutsky, A., Berry, N. T., Etnier, J., **Wideman, L.**, Raisbeck, LD. Attentional focus and sleep deprivation: The effects on balance control. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
14. Espinoza, S. M., Janssen, J. A., Kolacz, J., Berry, N. T., Slutsky, A. B., Shanahan, L., Calkins, SD., Keane, SK., Lovelady, CA., **Wideman, L.** Exploring the validity of a novel retrospective sport involvement questionnaire in adolescents. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
15. Horrell, B. R., Janssen, J. A., Slutsky, A. B., Berry, N. T., Diekfuss, J. A., Etnier, JL., Raisbeck, LD., **Wideman, L.** Heterogeneity of the heart rate variability response to sleep deprivation. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
16. Janssen, J. A., Slutsky, A. B., Berry, N. T., Shanahan, L., Lovelady, C. A., Calkins, SD., Keane, S., **Wideman, L.** Exploring the effects of a maximal exercise test on heart rate variability in young adults. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
17. Kincaid, Z. A., Berry, N. T., Shultz, S. J., & **Wideman, L.** Relaxin profiles across the menstrual cycle in active, eumenorrheic women. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
18. Slutsky, A. B., Janssen, J. A., Kolacz, J., Shanahan, L., Calkins, S. D., Lovelady, CA., Keane, S., Dollar, JM., **Wideman, L.** Childhood inhibitory control may predict adolescent physical activity and eating behaviors. Southeast American College of Sports Medicine, Greenville, SC, Feb 2016.
19. Johnson AJ, Dudley WN & **Wideman L.** Reconceptualizing race disparities and allostatic load through physiological profile risk as a result of cluster analysis. American Public Health Association, Chicago, IL, Nov 2015.
20. Etnier, J. L., Karper, W. B., Piepmeier, A. T., **Wideman, L.**, & Castellano, M. A. Effects of an 8-month physical activity intervention on Brain-Derived Neurotrophic Factor (BDNF): The Physical Activity and Alzheimer's Disease (PAAD) Study. North American Society for the Psychology of Sport and Physical Activity, Portland, OR, Jun 2015.
21. **Wideman, L.**, Berry, N., Janssen, J., Espinoza, S., & Kincaid, Z. Day to day stability of heart rate variability. American College of Sports Medicine, San Diego, CA, Jun 2015.
22. Janssen, J.A., Kolacz, J., Shanahan, L., Gangel, M.J., Volpe, V.V., Calkins, S.D., Keane, S.P. & **Wideman, L.** Why some boys bash and crash; Childhood temperament predicts adolescent males' activity and inactivity patterns. American College of Sports Medicine, San Diego, CA, Jun 2015.

23. Shearer, E., **Wideman, L.** & Lovelady, C. Body composition, diet quality and changes in CRP in overweight, lactating women. *Experimental Biology*, Boston, MA, Mar 2015; *FASEB J.* 2014; 28:247.8.
24. Mellendick, K., Shanahan, L., **Wideman, L.**, Calkins, S., Keane, S. & Lovelady, C. Diet quality and adiposity in adolescents. *Experimental Biology*, Boston, MA, Mar 2015; *FASEB J.* 2015; 29: 747.15.
25. Berry, N.T., **Wideman, L.**, Rhea, C.K., Labban, J., Chon, K.H., Shykoff, B.E., Haran, F.J. & Florian, J.P. Quantifying the effects of repeated long-duration dives on baseline heart rate variability measures. *Experimental Biology*, Boston, MA, Mar 2015.
26. Volpe, V., Shanahan, L., Brown, A., Kolacz, J., Gangel, M., Keane, S., Calkins, S. & **Wideman, L.** Negative emotionality during childhood and health behaviors during adolescence. *Society for Research in Child Development*, Philadelphia, PA, Mar 2015.
27. Gangel, M., Brown, A., Shanahan, L., Keane, S., Calkins, S. & **Wideman, L.** The association between childhood physiological regulation deficits and adolescent cardiovascular risk factors. *Society for Research in Child Development*, Philadelphia, PA, Mar 2015.
28. Shanahan, L., Gangel, M., Kolacz, J., Volpe, V., Brown, A., Keane, S., Calkins, S. & **Wideman, L.** Negative emotionality during childhood and health outcomes during pre-adolescence and adolescence. *Society for Research in Child Development*, Philadelphia, PA, Mar 2015.
29. **Wideman, L.** The research misconduct continuum; the slippery slope of deception in scientific research. Tutorial Lecture. *Southeast American College of Sports Medicine*, Jacksonville, FL, Feb 2015.
30. Berry, N.T., **Wideman, L.**, Rhea, C.K., Labban, J., Chon, K.H., Shykoff, B.E., Haran, F.J. & Florian, J.P. The effects of prolonged and repeated water immersion on heart rate variability and complexity in military divers. *Southeast American College of Sports Medicine*, Jacksonville, FL, Feb 2015.
31. Janssen, J.A., Kolacz, J., Shanahan, L., Dollar, J.M., Gangel, M.J., Volpe, V.V., Calkins, S.D., Keane, S.P. & **Wideman, L.** Investigating the relationship between childhood behavior and adolescent self-reported physical activity. *Southeast American College of Sports Medicine*, Jacksonville, FL, Feb 2015.
32. Piepmeier, A., Shih, C-H., Karper, W., Castellano, M., Williams, L., Park, S., **Wideman, L.**, Labban, J., Dudley, W., Rulison, K., Henrich, V. & Etnier, J. The physical activity and Alzheimer's disease (PAAD) study: Feasibility of recruiting persons with a family history of Alzheimer's disease for an 8-month physical activity intervention. *North American Society for the Psychology of Sport and Physical Activity*, Minneapolis, MN, Jun 2014.
33. Shearer, E., **Wideman, L.** & Lovelady, C. Body composition and changes in CRP in overweight, lactating women. *Experimental Biology*, San Diego, CA, April 2014; *FASEB J.* 2015; 29:580.5.
34. Oberlin, D. J., Hedge, B., Sonmez, S., Apostolopoulos, Y., & **Wideman, L.** Metabolic health of long haul truck drivers. *Southeast American College of Sports Medicine*, Greenville, SC, Feb 2014.
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137. Kanaley, J.A., Clasey, J.L., Teates, C.D., **Wideman, L.**, Hartman, M.L. and Weltman, A. Validity of 2- and 3-compartment models against a 4-compartment body composition model in older persons. 1995 ACSM National Meeting, Minneapolis, MN.
138. McGinnes, C., Stoudemire, N., Pass, K., **Wideman, L.**, Weltman, A. and Gaesser, G.A. Oxygen uptake (VO₂), velocity (V), blood lactate ([HLA]) and rating of perceived exertion (RPE) during running at constant heart rate (HR). 1995 ACSM National Meeting, Minneapolis, MN.
139. Pass, K., **Wideman, L.**, Stoudemire, N., McGinnes, C., Gaesser, G.A. and Weltman, A. The relationship between ratings of perceived exertion (RPE) and the blood lactate response to exercise is altered during bench stepping compared to treadmill running. 1995 ACSM National Meeting, Minneapolis, MN.
140. Stoudemire, N., **Wideman, L.**, Pass, K., McGinnes, C., Gaesser, G.A., and Weltman, A. Validity of regulation blood [HLA] during running by ratings of perceived exertion. 1995 ACSM National Meeting, Minneapolis, MN.
141. Hammill, W.W., Weltman, J.Y., **Wideman, L.**, Weltman, A. and Gutgesell, H.P. Myocardial supply/demand in children with aortic stenosis. Children's Medical Center Research Day, University of Virginia, Charlottesville, VA, May 1995.

142. Hammill, W.W., Weltman, J.Y., **Wideman, L.**, Weltman, A. and Gutgesell, H.P. Cardiovascular response to exercise in children with aortic stenosis. 1995 Mid-Atlantic Pediatric Society, Fairfax, VA.
143. **Wideman, L.**, Stoudemire, N., Pass, K., McGinnes, C., Gaesser, G.A., and Weltman, A. Validation of the Aerosport TEEM 100 portable metabolic measurement system. 1995 Southeast ACSM Meeting, Lexington, KY.
144. Hammill, W.W., Weltman, J.Y., **Wideman, L.**, Weltman, A. and Gutgesell, H.P. Cardiovascular response to exercise in children with aortic stenosis. Children's Medical Center Research Day, University of Virginia, Charlottesville, VA, June 1994.
145. **Wideman, L.**, Kaminsky, L.A., and Whaley, M.G. Differences in postprandial lipemia between abdominally obese and normal weight men. 1993 ACSM National Meeting, Seattle, WA.
146. **Wideman, L.**, Kaminsky, L.A., and Whaley, M.G. Postprandial lipemia in abdominally obese and nonobese males. 1993 ACSM Midwest Regional Chapter Meeting, Boyne, MI.
147. **Wideman, L.**, Martin, D.E., Kaminsky, L.A., and Whaley, M.G. Compliance to NCEP guidelines follow up recommendations is unsatisfactory. 1992 ACSM National Meeting, Dallas, TX.
148. **Wideman, L.**, Silberman, M.B., Kaminsky, L.A., and Whaley, M.G. Evaluation of the Proact® cholesterol system. 1992 ACSM Midwest Regional Chapter Meeting, Boyne, MI.

INVITED PROFESSIONAL LECTURES:

Jun 1998	Guest Lecture & Lab Demonstrator; "Body Composition", Virginia Sports Medicine Conference, University of Virginia
Mar 2000	Guest Lecture, "Advanced Body Composition Techniques", Department of Exercise & Sport Science & the Women's Studies Science Initiative Series, UNC Greensboro
Sep 2005	Invited Lecture, "Is growth hormone a fountain of youth?", MWACSM Regional Meeting, Muncie IN
Oct 2011	Invited Lecture, "The female athlete triad: Is healthy body image compatible with gold?", NSGWAS National Conference, Greensboro, NC

GRANT SUPPORT EXTERNAL (Funded):

1. Hakuju USA (1997)
"Physiologic Response Trial of Healthtron ® System"
Principal Investigator; Total Support of \$8300.00
2. North Carolina Institute of Nutrition (2001)
"Energy expenditure during rest, maximal and constant load exercise in normal adolescents and those with Cystic Fibrosis"
Co-Investigator (PI: Baker); Total Support of \$10,000.00
3. Moses Cone Wesley Long Community Health Foundation (2002)
"Get Walking Greensboro!"
Co-Investigator (PI: Ramachandran); Total Support of \$34,000.00
4. NIH/NCMHD (2003-2004)
"The effect of lifestyle activity modification (LAM) or a structured exercise program on nontraditional CVD risk factors in African American women" [Pilot Project #5: TRIAD]
Co-Investigator (PI: Wallace); Total Support of \$4,007.50
5. NIH/NCMHD (2003-2004)
"Early detection of NIDDM in African Americans" [Pilot Project #3; TRIAD]
Co-Investigator (PI: Wallace); Total Support of \$5000
6. Moses Cone Wesley Long Community Health Foundation (2004-2006)
"ACHIEVE"
Principal Investigator; Total Support of \$351,457.81
7. NIH/NIAMS (2008-2011)

- “Hormone mediated knee laxity and knee stability”
Co-Investigator (PI: Shultz); Total Support of \$880,306
8. NIH/NCMHD (2009-2012)
“The effect of acute moderate intensity aerobic exercise on gene transcript expression in human blood peripheral mononuclear cells (PBMCs) in pre-diabetic African Americans” [Pilot Project #7; TRIAD]
Principal Investigator; Total Support of \$137,537
 9. NIH/NCRR (2011-2016)
“The science of healthful living”
Co-Investigator (PI: Ennis); \$1,342,858
 10. NIH/NIA (2012-2014)
“The effect of physical activity on cognition relative to ApoE and BDNF genotypes”
Co-Investigator (PI: Etnier); Total Support of \$394,625
 11. NICHD (2014-2019)
“Pathways from childhood self-regulation to cardiovascular risk in adolescence”
Principal Investigator of Subcontract; Total Support of \$1,603,296. [PI of RO1: Shannahan(UNC)]

GRANT SUPPORT INTERNAL (Funded):

1. UNCG Dean’s Initiative (2000)
“N.C. H.O.P.E (Helping Older People Exercise)”
Co-Investigator; Total Support of \$20,000.00
2. UNCG Dean’s Initiative (2000)
“Early Detection of Type 2 Diabetes Mellitus Among Elderly African Americans”
Co-Investigator; Total Support of \$2500.00
3. UNCG New Faculty Award (2001)
“The effect of exercise duration on growth hormone (GH) release in young men and women”
Principal Investigator; Total Support of \$5000.00
4. UNCG Summer Excellence Award (2001)
“The influence of gender on changes in exercise-induced growth hormone secretion from the anterior pituitary”
Principal Investigator; Total Support of \$4000.00
5. UNCG ATL Grant (2002)
“The use of the Cardio-Control system to enhance teaching of electrocardiograph (ECG) principles, identification and interpretation to undergraduates and graduates”
Co-Investigator; Total Support of \$5558.24
6. UNCG Regular Faculty Award (2007-2008)
“Changes in serum collagen marker levels across the menstrual cycle”
Co-Principal Investigators: Wideman and Shultz; Total Support of \$5000
7. Safrit Measurement Award (2007-2008)
“Changes in serum collagen marker levels across the menstrual cycle”
Co-Principal Investigators: Wideman and Shultz; Total Support of \$3000
8. UNCG Regular Faculty Award (2010-2011)
“Testing the moderating effects of APOE and BDNF genotypes and controlling for estrogen levels in a study of the effects of acute exercise on memory”
Co-Principal Investigators: Wideman and Etnier; Total Support of \$5000
9. UNCG Regular Faculty Award (2011-2012)
“Obesity associated comorbidities in commercial truck drivers”
Co-Principal Investigators: Wideman and Apostolopoulos; Total Support of \$7500
10. UNCG Child & Family Research Network
“Children’s health athletics for mental and physical Success (CHAMPS): Measurement Development and Evaluation”
Co-Investigator (PI: Mills-Koonce); Total Support of \$5000

11. HHS Faculty Research Award (2015-2016)
 "Associations between relaxin and knee laxity profiles in eumenorrhic women"
 Co-Principal Investigators: Shultz and Wideman; Total Support of \$5000

GRANT FUNDING (PENDING):

1. NIH/NICHD
 "Biopsychosocial predictors of obesity during the first 2 years of life"
 Co-Investigator (PI: Leerkes); Total Support of \$3,587,497.
2. NIH/NICHD
 "Biopsychosocial factors associated with youth sports and executive functioning"
 Co-PIs; Mills-Koonce and Wideman; Total Support of \$400,125.

GRANT FUNDING INTERNAL & EXTERNAL (NOT FUNDED):

1. Moses Cone Wesley Long Community Health Foundation (2006-2007)
 "ACHIEVE" (Continuation Funding)
 Principal Investigator; Total Support of \$165,000
2. NIAMSD (2008)
 "Maturation and Sex Specific Orthopedic Injury Risk Factors in Youth Soccer"
 Co-Investigator (PI: Schmitz); Total support of \$3,079,007
3. CDC (2008)
 "Building a Healthy Nation: Strategic Health Alliance for Greensboro"
 Co-Investigator (PI: Armenoix); Total Support of \$1,011,220
4. NIH/Stimulus Package (2009)
 "Combined effect of whey protein isolate with vitamin C + E on blood antioxidant capacity, oxidative stress, inflammatory markers and heart disease risk"
 Co-Investigator (PI: Goldfarb); Total Support of \$685,000
5. NIH/NIA (2010)
 "The effect of physical activity on cognition relative to ApoE and BDNF genotypes"
 Co-Investigator (PI: Etnier); Total Support of \$383,625
6. NIH/NIAMS (2010)
 "Precipitation factors for high risk knee joint biomechanics: A longitudinal growth study"
 Co-Investigator (PI: Shultz); Total Support of \$ 3,483,322
7. NIH/NIAMS (2011)
 "Hormone mediated knee laxity and knee stability" (competitive renewal)
 Co-Investigator (PI: Shultz); Total Support of \$3,483,322
8. NIH/NIDDK (2011)
 "Pathways to commercial drivers' obesity-associated comorbidities"
 Co-Investigator (PI: Apostolopoulos); Total Support of \$3,391,973
9. Gatorade Student Grant/Gatorade Sport Institute (2011)
 "Visfatin responses to high intensity exercise"
 Principle Investigator: Paul Mellick (Doctoral Student); Total Support of \$3440
10. NIH/NIAMS (2011)
 "Joint laxity: A complex phenotype indicative of ACL injury risk"
 Co-Investigator (PI: Shultz); Total Support of \$3,560,878
11. NIH/NIMH (2011)
 "Childhood emotional/behavioral dysregulation and adolescent inflammation and health"
 Co-Principal Investigators; Wideman & Shannahan; Total Support of \$389,194
12. The Brain and Behavior Research Foundation (2011)
 "Inflammation-associated depression in adolescence: The role of early childhood emotional self-regulation"
 Co-Investigator (PI: Shannahan); Total Support of \$35,000
13. NIH (2012)

- “Delineating Commercial Drivers' Cardiometabolic Disease through System-Dynamics Modeling”
Co-Investigator (PI: Apostolopoulos); Total Support of \$438,390
14. NIH/NICHD (2012)
“Biopsychosocial contributors to childhood obesity”
Co-Investigator (PI: Calkins); Total Support of \$3,553,303
15. NIH/NIAMS (2012)
“Collagen Related Genetic Pathways to ACL Injury”
Co-Investigator (PI: Shultz); Total Support of \$4,479,466
16. NIH/NIA (2014)
“Physical activity and cognitive engagement; Plasticity, Mechanisms and Moderators”
Co-PI (with J. Etnier); Total Support of \$10,389,808
17. NSF (2014)
“Physical activity in youth sports and biobehavioral associations with executive functioning in young children”
Doctoral Fellowship for Peter Rehder, Faculty Co-Mentor (with R. Mills-Koonce); Total Support of \$96,000.
18. National Athletic Training Association
“Associations between relaxin and knee laxity profiles in eumenorrheic women”
Co-Investigator (PI: Shultz); Total Support of \$50,000.
19. NIH/NICHD
“Biopsychosocial predictors of obesity during the first 2 years of life”
Co-Investigator (PI: Leerkes); Total Support of \$3,588,544.
20. NSF (2015)
“Physical activity in youth sports and biobehavioral associations with executive functioning in young children”
Doctoral Fellowship for Peter Rehder, Faculty Co-Mentor (with R. Mills-Koonce); Total Support of \$96,000.

CONTRACT SUPPORT (Funded):

1. Champion Athleticwear (2002-2003)
“Evaluation of energy expenditure during treadmill walking with Power Gear”
Principal Investigator; Total Support of \$111,435.37

TEACHING

UNDERGRADUATE COURSES:

KIN 220	Fitness for Life
KIN 375	Exercise Physiology
KIN 469	Exercise Prescription for Special Populations

GRADUATE COURSES: *Denotes Courses I Developed

KIN 576	Nutrition & Physical Fitness (Co-taught with Nutrition)
KIN 670	Exercise Physiology
KIN 676*	Advanced Body Composition Techniques
KIN 700*	Exercise Endocrinology (Developed & co-taught with Allan Goldfarb)
KIN 720*	Pathophysiology & Pharmacology for Exercise Science

STUDENT SUPERVISION

Graduate

Doctoral Students	In Progress	Nathaniel Berry	KIN	Chair
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		James Janssen	KIN	Chair
		Travis Anderson	KIN	Chair
		Alexis Slutsky	KIN	Co-Chair
		Ashley Brown	PSYC	Member
		Shernett Chung	NUR	Member
		Lauren Veraecke	KIN	Member
		Peter Rehder	HDF	Member
	Graduated	DJ Oberlin	KIN	Chair
		Aaron Piepmeier	KIN	Member
		Kevin Ritsche	KIN	Chair
		Elyse Shearer	NTR	Member
		Kevan Mellendick	NTR	Member
		Amber Johnson	PHE	Member
		Ola Alsalman	CSD	Member
		Paul Chase	KIN	Member
		Janis Puglisi	NUR	Member
		Amanda Tritsch	KIN	Member
		Paul Mellick	KIN	Chair
		Leslie Consitt	KIN	Chair
		Brenda Swearingin	KIN	Chair
		Heather Colleran	NTR	Member
		Travis Thomas	NTR	Member
		Melanie Bopp	NTR	Member
		Bryan Feger	KIN	Member
		Richard Bloomer	KIN	Member
		Charlie Robison	KIN	Member
		Ryan Garten	KIN	Member
		Lisa Barella	KIN	Member
		Melissa Montgomery	KIN	Member
		John Cone	KIN	Member
		Jerome Surat	KIN	Member
		Jason Wagganer	KIN	Member
		Mike McKenzie	KIN	Member
		Michelle Lesperance	KIN	Member
		Pam Kocher Brown	KIN	Member
Masters Students	In Progress	Morgan Jones	NTR	Thesis Member
		Emily Shields	NTR	Thesis Member
		Emily McNeil	KIN	Thesis Member
		Andrew Scheck	KIN	Thesis Chair
	Graduated	Frank Zhong	KIN	Project Member
		Justin Waller	KIN	Thesis Member
		Gina Ward	KIN	Thesis Chair
		Trey Williams	KIN	Thesis Member
		Enoch Chow	KIN	Thesis Member
		Ling Nguyen	KIN	Thesis Member
		Molly Thornton Cassebere	KIN	Thesis Member
		Aarti Kenjali	KIN	Thesis Member
		Andrea Sorvillo	NTR	Thesis Member
		Heather Kennedy	NTR	Thesis Member

Non-thesis (Clinical)	In Progress Graduated	Heather Downing	NTR	Thesis Member
		Kevin Thornton	KIN	Project Chair
		Brad Ferguson	KIN	Project Chair
		Ashley Rocky	KIN	Project Member
		Melissa Marty	KIN	Project Member
		Zachary Kincaid	KIN	Supervisor
		Kelsey Joyce	KIN	Supervisor
		Kyle McRee	KIN	Supervisor
		Katherine Bunting	KIN	Supervisor
		Lindsay Layfield	KIN	Supervisor
		Beth Hansen	KIN	Supervisor
		Carrie Krans	KIN	Supervisor
		Jessica Witherspoon	KIN	Supervisor
		Olinty Richards	KIN	Supervisor
		Sarah Utz	KIN	Supervisor
		Joshua Williams	KIN	Supervisor
		Fifi Jenkins	KIN	Supervisor
Amanda Aydelette Futrell	KIN	Supervisor		
Alan Newton	KIN	Supervisor		
Alice Shifflet	KIN	Supervisor		
Stephen Herman	KIN	Supervisor		

STUDENT AWARDS

Student	Award	Year
Brenda Swearingin	Sally Schindel Cone Student Grant Award	2004
Leslie Consitt	Barrett Professional Development Award	2005/2006
Leslie Consitt	Stout Graduate Research Award	2005
Alan Newton	Barrett Professional Development Award	2005/2006
Kevin Ritsche	Summer Research Award	2009
Kevin Ritsche	Barrett Professional Development Award	2009/2010
Paul Mellick	Summer Research Award	2010
Lori Mattox	Summer Research Award	2011
DJ Oberlin	Summer Research Award	2012

SERVICE

INSTITUTIONAL SERVICE

UNIVERSITY COMMITTEES

2003	Undergraduate Research Poster Evaluation
2004-2006	Library Senate
2006/2007	Chair; Library Senate
2008-2009	Scholarly Communications
2006-Present	Institutional Review Board (IRB)
2007-2010	Research Policy
2009/2010	New Faculty Mentor
2009/2010	Science Subcommittee; Research Awards
2010/2011	Restructuring Committee

2011/2012	New Faculty Mentor
2012-Present	IRB Chair
2012-Present	Research Policy (Ex-Officio member)
2014/2015	New Faculty Mentor
2015/2016	Director of Human Resources Search Committee

COLLEGE COMMITTEES

2007/2008	Program Council; Center for Women's Health & Wellness
2009-2011	HHP Research Advisory Committee
2013-Present	HHS Research Advisory Committee
2015/2016	NTR Search Committee; 3 positions

DEPARTMENTAL COMMITTEES

2000-Present	Fitness Leadership Committee (previously ESSS committee)
2002-2003	Long Range Planning
2002-2004	Annual Merit Review
2004/2005	Stout & Berlin Award
2005-2014	ESS/KIN Library Representative
2005/2006	Stout Award
2007/2008	Stout Award
2007-2009	Annual Merit Review
2009/2010	Biomechanics Search
2009/2010	Graduate Studies
2011/2012	MS ATEP Program Director Search
2011/2012	Graduate Studies
2014-Present	Awards Committee

SEMINAR & WORKSHOP PRESENTATIONS

Apr 2006	Seminar, "Biophysical Markers", UNCG School of Nursing
Dec 2011	Workshop presentation; "Using Physiological biomarkers: Important considerations for your research", Biobehavioral Workshop, UNCG CFRN & Center for Biotechnology, Genomics & Health Research

INSTITUTIONAL PRESENTATIONS

Oct 2001	"Advanced Techniques in Body Composition", Department of Nutrition & Food Sciences, Graduate Seminar Series, UNCG
Oct 2002	"Physiological Performance Enhancement", Spartan Champs Program, Intercollegiate Athletic Education Program, UNCG
Feb 2003	"Walking Your Way to Health", Hampton School Educational Seminar for Faculty & Staff, Greensboro NC
Feb 2003	"Disordered Eating Behaviors in Collegiate Athletes", Spartan Champs Program, Intercollegiate Athletic Education Program, UNCG
Mar 2004	"Current Research in Exercise & Sport Science", Science Advisory Board, UNCG
Dec 2004	"Exercise & diet during the holiday season", UNCG Human Resources
Mar 2005	"Lifestyle activity modification of diet & exercise", UNCG Housekeeping Staff

PROFESSIONAL SERVICE

COMMITTEES

2011-2014	ACSM National Research Awards Committee
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2008-2011 SE ACSM Women's Breakfast Planning Committee (now Mentoring Breakfast)
 2015-Present ACSM Scientific Content Advisory Committee

REVIEWER JOURNAL (Ad Hoc):

American Journal of Physiology; Regulatory, Integrative & Comparative Physiology
 Applied Physiology, Nutrition & Metabolism
 European Journal of Applied Physiology
 GH & IGF-1 Research
 International Journal of Sports Medicine
 Journal of Applied Physiology
 Journal of Athletic Training
 Journal of Sport & Health Science
 Journal of Sport Science & Medicine
 Medicine & Science in Sports & Exercise
 Psychoneuroendocrinology
 RQES
 Sport Medicine Reviews
 Women in Sport & Physical Activity Journal
 SEACSM Abstract Reviewer for 2004 & 2005 Regional Meeting

REVIEWER GRANT (Ad Hoc):

National Athletic Training Association Grant Content Reviewer (2012)
 NSF CAREER Grant Content Reviewer (2008 & 2009)
 University of Wisconsin-Milwaukee Grant Reviewer (2015)

OTHER PROFESSIONAL SERVICE ACTIVITIES

2005 SE ACSM Young Professional Panelist; Charlotte, NC
 2007 SE ACSM Moderator/Facilitator; Charlotte, NC
 2008 NC Obesity Summit Moderator/Facilitator; Greensboro, NC
 2009 SE ACSM Women's Breakfast Moderator/Facilitator; Birmingham, AL
 2012 SE ACSM Session Chair; Jacksonville, FL
 2014 Healthy Living Content Review; Greensboro, NC
 2015 SE ACSM Session Chair; Jacksonville, FL
 2015 SE ACSM Women's Breakfast Moderator; Jacksonville, FL
 2015 Lawther Lecture Faculty Panelist, Greensboro, NC
 2015 ACSM Session Chair; San Diego CA
 2016 ACSM Session Chair; Boston MA

COMMUNITY SERVICE

COMMITTEES

2000-2007 Heart & Stroke Health Partnership – Committee Member (dissolved 2007)
 2007 Get Healthy Guilford Director Search Committee
 2007 Get Healthy Guilford Grant Writing & Review Committee
 2007-2009 Get Healthy Guilford – Committee Member
 2007-2009 Get Healthy Guilford Steering Committee
 2009-2010 Guilford County Healthy Carolinians - Committee Member
 2009-2011 Get Healthy Guilford - Board Member (Resigned Fall 2011)
 2011 Get Healthy Guilford Awards Committee